

- 13.) **What is this change called?**
This change is called transubstantiation.
- 14.) **What is necessary to receive Holy Communion?**
To receive Holy Communion you must be in the grace of God, believe it is Jesus you are going to receive, and fast for one hour before.
- 15.) **Why is Holy Communion a special gift from God?**
Holy Communion is a special gift from God because, in Communion, Jesus Himself comes to live in us.
- 16.) **What is the Mass?**
The Mass is the sacrifice of Jesus on the Cross, and the gift of Himself in the Eucharist.
- 17.) **Why is the Mass offered to God?**
The Mass is offered to God to worship Him, to thank Him, to make up for our sins, and to ask for His help.
- 18.) **What does Eucharist mean?**
Eucharist is a Greek word which means Thanksgiving.
- 19.) **Why has Christ given Himself to us in the Holy Eucharist?**
Christ has given Himself to us in the Holy Eucharist to be the life and food of our souls.
- 20.) **How can we participate in the Mass?**
During the Mass, the faithful may sing the hymns, listen to the Word of God in the readings and in the priest's homily, offer themselves in union with Jesus to the Father, and receive our Lord in the Holy Eucharist.
- 21.) **What is the Liturgy of the Word?**
The Liturgy of the Word is one of the main parts of the Mass when we listen to God's Word from the readings in the Bible.
- 22.) **What is the Gospel?**
The Good News of Jesus Christ read from the Bible by the priest at Mass.
- 23.) **Tell a Gospel story from the Bible, that talks about the Eucharist.**
Example: The Last Supper (Matthew 26:26-30, Mark 14:22-26, Luke 22:14-20) or Bread of Life (John 6:22-59)
- 24.) **Who is the Bread of Life?**
Jesus.
- 25.) **What did Jesus promise to those who eat the Bread of Life?**
That they will live forever.