



In church we get ready for Jesus by paying attention to the Mass and making the responses. During quiet times in the Mass, we can say our own prayers to Jesus. We can tell Him how glad we are that He will soon come to us.

We should walk up to receive Communion quietly. This is not the time to look around at the other people. It is time to think about Jesus. We should receive Jesus with love and respect.

When we get back to our seats we sit down and close our eyes. We can tell Jesus anything we want. He is glad to hear it all. We can ask Him to make us more like Him and to help us not to sin. We can ask Him to bless our family and friends.

Sometimes instead of talking to Jesus, it is nice to quietly enjoy having Jesus in our hearts. He does not need to hear a lot of words from us. Just say "I love you, Jesus." That is what Jesus wants to hear most of all.