

**What is a SACRAMENT?**

<b>A SACRAMENT</b>	is an	<b>OUTWARD SIGN,</b>	<b>INSTITUTED BY CHRIST</b>	<b>TO GIVE GRACE.</b>
<b>BAPTISM</b>	Water		Matthew 28: 18-20, Mark 16:15-16	Welcome! You are my child.
<b>RECONCILIATION</b>	Confession of Sin & Repentance/Absolution by the Priest		John 20:21-23	I forgive you.
<b>EUCCHARIST</b>	Bread & Wine		Matthew 26:26-28, Mark 14:22-24, Luke 22:19-20	Be strengthened by my body and blood and let me live in you.
<b>CONFIRMATION</b>	Chrism/Laying on of Hands		John 16: 7-15 Acts 2:1-4 Acts 8: 14-17 Acts 19: 5-6	Follow me in my grace.
<b>MATRIMONY</b>	Exchange of Vows		Matthew 19: 4-6	You nurture each other's love for me and grow God's family
<b>HOLY ORDERS</b>	Bishop's Laying On of Hands.		Matthew 10:1 Mark 3:14-19 Luke 22: 19-20 John 21:15-17	Please give my gifts to others.
<b>ANOINTING OF THE SICK</b>	Anointing with Holy Oil		Mark 6:7-13	I will strengthen and heal you.