

HOLY COMMUNION

Evangelical Catholic Church – Bend, Oregon

Prayers for Children Before Sleeping

Prayer to be Prayed by the Child

Now I lay me down to sleep
I pray the Lord my soul to keep.
May God guard me through the night
And wake me with the morning light. Amen.
{*Have the child sprinkle a little Holy Water on their pillow.*}

Prayer to be Prayed by the Parent/Grandparent/Guardian

Heavenly Father, up above
Please bless this child that I love.
Let her (him) sleep all through the night
And may her (his) dreams be pure delight.
When she (he) wakes, be by her (his) side
So she (he) can feel Your love inside.
As she (he) grows, please don't let go
So she (he) will know You hold her (his) soul. Amen.
{*Sprinkle Holy Water on the child.*}

Prayers for Children During the Day

Morning Prayer

Jesus, You are good and wise
I will praise you when I rise.
Jesus, hear this prayer I send
Bless my family and my friends.
Jesus, help my eyes to see
All the good you send to me.
Jesus, help my ears to hear
Calls for help from far and near.
Jesus, help my feet to go
In the way that You will show.
Jesus, help my hands to do
All things loving, kind, and true.
Jesus, guard me through this day
In all I do and all I say. Amen.

Prayer to Pray Throughout the Day

Lord, may everything I do begin with Your inspiration,
continue with Your help,
and reach perfection under Your guidance. Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear
To whom His love commits me here
Ever this day be at my side,
To light and guard, to rule and guide. Amen.

Prayer Before Meals

Bless us, O Lord, and these Thy gifts,
which we are about to receive from Thy bounty.
Through Christ our Lord. Amen.

+++Quick Prayer to Pray in an Emergency+++

I love you, Jesus! *HELP!!!*